

Sides

Coco Bread	2.34
Coleslaw	5.99
French Fries	2.99
Fried Plantains	2.75
Mixed Vegetables (Curry or Steamed)	5.50
Rice & Peas or White Rice . . Sm 3.50 . . . Lg 5.50	
Cabbage & Carrots	5.50
Roti Skin	4.50
Jamaican Patties.	2.35
Beef or Chicken	

Meat Only

Jerk Wings.	8.99
Ziggy Wings	8.99
Goat	9.99
Oxtail	11.99
Curry Chicken	8.99
Brown Stew	
Chicken ...	8.99

Extras

All Drummets. 1.00	
All Flats. 1.00	
Sauce	0.30



Gourmet Muffins

2.75 each 24.99 dozen
Carrot Cake Muffins (Not included in gourmet dozen)
3.75 each 37.00 dozen



- Apple
- Banana
- Chocolate Chip
- Banana Nut
- Black Bottom
- Blueberry
- Chocolate-Chocolate Chip
- Chocolate Chip
- Chocolate Raspberry
- Cranberry Nut
- Cranberry Orange
- Cream Cheese Streusel
- German Chocolate
- Guava
- Lemon
- Lemon Poppy
- Mango
- Piña Colada
- Pineapple Orange
- Rum Raisin
- Strawberry Streusel
- Sweet Potato
- Tropical Lime
- White Bottom

Drinks

Bottled Water	1.99	Cream Soda	1.99
Ginger Beer	1.99	Kola Champagne. .	1.99
Limeade	1.99	Pineapple	1.99
Sweet Tea.	1.99	Ting	1.99
Ginger Pineapple .	4.00	Irish Moss	4.00
Sorrel.	4.00		

**MUFFIN
MAN**
Caribbean Café

Located in
the Seabrook
Shopping
Center

9439 Lanham
Severn Rd.
Seabrook, MD

459.1144

MUFFIN MAN

Caribbean Café



Located in the Seabrook Shopping Center
9432 Lanham Severn Road • Seabrook, MD 20706

301.459.1144

Hours:

Monday-Saturday 11am-8pm
(Dining area and store lobby close at 8pm)

Note: No refund on seafood orders.

www.muffinmancaribbeancafe.com

Chicken

Served with cabbage, rice and peas or white rice.

Small Large

Curry Chicken 10.50 12.50

Morsels of chicken sautéed in a mild curry sauce.

Ziggy Wings 10.50 12.50

Wings smothered in a honey-glazed sauce.

Jerk Chicken Wings 10.50 12.50

Wings baked in a pepper sauce. Jamaica U say Hot! Hot! Hot!

Brown Stew Chicken 10.50 12.50

Chicken simmered in a zesty brown sauce with onions, scallions, tomatoes and thyme.

Chicken Combos

Served with cabbage, rice and peas or white rice.

Ziggy Wings & Jerk Wings 13.50

Ziggy Wings & Brown Stew Chicken 13.50

Ziggy Wings & Curry Chicken 13.50

Curry Chicken & Brown Stew Chicken . . 13.50

Jerk Wings & Brown Stew Chicken 13.50

Jerk Wings & Curry Chicken . 13.50

Roti

Curry Chicken Roti 9.75

Curry Goat Roti 9.99

Vegetable Roti 9.99

Seasonal vegetables, scallions and onions sautéed in a curry sauce.

Curry Shrimp Roti 14.99

Succulent jumbo shrimp served in a mild curry sauce with onions, scallions and carrots.

Jerk Shrimp Roti 14.99

Succulent jumbo shrimp sautéed in a spicy pepper sauce with carrots, water chestnuts, onions & scallions.

Ziggy Shrimp Roti 14.99

Succulent jumbo shrimp sautéed in a honey-glazed sauce with carrots, onions & scallions.

Goat & Oxtail

Served with cabbage, rice and peas or white rice.

Goat Sm 10.99 Lg 12.99

Succulent chunks of goat baked to perfection in mild curry.

Oxtail 15.50

Mildly seasoned beef with onions, tomatoes, scallion, butter beans & carrots.

Sampler 22.99

Curry chicken, ziggy wings, jerk wings, oxtail and goat.

Goat Combos

Served with cabbage, rice and peas or white rice.

Curry Goat & Ziggy Wings 13.99

Curry Goat & Jerk Wings 13.99

Curry Goat & Brown Stew Chicken 13.99

Curry Goat & Curry Chicken 13.99

Oxtail Combos

Served with cabbage, rice and peas or white rice.

Oxtail & Ziggy Wings 15.99

Oxtail & Jerk Wings 15.99

Oxtail & Brown Stew Chicken 15.99

Oxtail & Curry Chicken 15.99

Oxtail & Curry Goat 15.99

Vegetables & Meat Combos

Served with cabbage or seasonal veggies; rice not included.

Vegetable & Ziggy Wings 10.99

Vegetable & Jerk Wings 10.99

Vegetable & Curry Chicken 10.99

Vegetable & Curry Goat 12.50

Vegetable & Oxtail 15.50

Vegetable & Brown Stew Chicken 12.50

Vegetable & Seafood Combos

Served with cabbage or seasonal veggies; rice not included.

Vegetable & Fish 16.99

Daily or seasonable vegetable with your choice of brown stew, escoveitch, fried, jerk or ziggy fish.

Vegetable & Shrimp 18.99

Daily or seasonable vegetable with your choice of curry, escoveitch, jerk or ziggy shrimp.

Fish

Served with cabbage, rice and peas or white rice.

Brown Stew Fish . . . 16.99

Pan-fried red snapper served with onions, pimento & scallion in a brown sauce.

Jerk Fish 16.99

Pan-fried red snapper in a pepper sauce.

Steam Fish 16.99

Red snapper in a butter sauce with onions, scallions, carrots & thyme. Choice of jerk, curry or escoveitch

Escoveitch Fish 16.99

Pan-fried red snapper served with onions, peppers, carrots and scallions in a spicy vinaigrette sauce.

Ziggy Fish 16.99

Pan-fried red snapper in a honey-glazed sauce.

Fried Fish 16.99

Deep-fried red snapper served with French fries and coleslaw. **Does not include rice or vegetables.**

Shrimp

Curry Shrimp 18.99

Succulent jumbo shrimp served in a mild curry sauce with onions, scallions and carrots.

Escoveitch Shrimp 18.99

Succulent jumbo shrimp sautéed in a spicy vinaigrette sauce with onions, peppers, scallion and carrots.

Ziggy Shrimp . . . 18.99

Succulent jumbo shrimp sautéed in a honey-glazed sauce with carrots, onions and scallions.

Jerk Shrimp 18.99

Succulent jumbo shrimp sautéed in a spicy pepper sauce with carrots, water chestnuts, onions and scallions.

Stuffed Shrimp with Crabmeat 25.99

Succulent jumbo shrimp with lump crabmeat broiled to perfection. Served with your choice of:

1. Curry or Steamed Seasonal Veggies
2. Cabbage, Rice & Peas or White Rice
3. French Fries & Coleslaw

